

Finishing Instructions to complete your picture:

- 1) Trim excess fabric to within 1" of frame.
- 2) Work small running stitches all round ½" from edge.
- 3) Draw up gathering thread and secure.
- 4) Using a strong thread, lace across back.
- 5) (Optional) Cut felt to fit and stitch or glue to back of work, not supplied.

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French Knot Embroidery

An original acrylic painting (not printed) on calico to create a small picture.

Full instructions for French Knots and to complete the project are included.

Handmade in Devon by Anne Woodgate.

Instructions:

The hand painted calico will enable you to complete a small freestyle embroidery project. Being a freestyle piece of embroidery, the choice of how you want your piece to look is entirely up to you. The painted background is just there as a guide. You may decide to leave some areas as painted flowers, creating depth to your work.

There follows a short description of how to embroider French Knots successfully

French Knots are very versatile stitches. They can be worked with either single or multiple strands of thread. Threads can be wrapped around the needle any number of times, to create different sizes and styles of knot.

Begin with two strands of embroidery thread. Varying the number of threads used will add interest.

- Thread the needle and knot the end of the thread ①
- Bring the needle up from beneath the fabric ②
- Holding the needle in one hand, hold the thread between thumb and forefinger of the other hand and fairly close to the fabric
- Keeping tension on the thread, wrap it twice around the needle ③
- Insert the needle back through the fabric, close to where it was brought up ④
- Carefully pull the the thread through to the back of the fabric, forming the French Knot against the surface of the fabric ⑤

